



Premier Healthcare Services, Inc. Cornerstone Treatment Facility, Inc.

*Mending Young Hearts, Minds, and Souls For
Reintegration into Society*

www.ncprtf.com

Vol. 1

March 2010

Issue 1

Locations

Gracehouse Treatment Center
1892 Turnpike Road
Raeford, NC 28376
Phone: 910-878-0121
Fax: 910-878-0123

Cornerstone Treatment Facility
129 Wallace Road
Wadesboro, NC 28170
Phone: 704-695-0601
Fax: 704-695-0607

Hope Gardens Treatment Center
1958 Turnpike Road
Raeford, NC 28376
Under Construction

Inside Newsletter

- Welcome New Employees
- Promotions Corner
- Update on Hope Gardens Treatment Center
- Clients' Trip to the Circus

Employees of the Month January

Regina Monroe, Teacher Assistant –
Gracehouse Treatment Center

Lushana Pratt, Residential Mentor –
Cornerstone Treatment Center

Employees of the Month February

Taocia Jackson, Team Leader –
Cornerstone Treatment Facility
Kerwin McCall-
Gracehouse Treatment Center

From the Desk of the CEO

I am extremely excited about our newsletter. This will prove to be an invaluable tool for communicating with clients, stakeholders, staff, and referral sources. We look forward to sharing information about customer satisfaction surveys, outstanding employee achievements, and information that impacts our facilities. Please email any questions or comments about the newsletter to hrumppe@bellsouth.net.

Feature Article: Premier Healthcare Services Accreditation



Fred Surgeon, CEO, left, and Hillary Rumppe, Director of Program Services, right, discussing the agency's strategic planning in preparation for CARF accreditation.

CARF International recently announced that Premier Healthcare Services, Inc. and Cornerstone Treatment Facility, Inc. have been accredited for their Child and Youth Services: Residential Treatment Programs.

CARF is an independent, nonprofit accreditation body whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process that centers on enhancing the lives of the persons served. Founded in 1966 as the Commission on Accreditation of Rehabilitation Facilities, and now known as CARF, the accreditation body established consumer-focused standards to help organization measure and improve the quality of their

programs and services.

An organization receiving accreditation has put itself through a rigorous peer review process and has demonstrated to a team of surveyors during an on-site visit that it is committed to conforming to CARF's accreditation conditions and standards. The process does not end with the accreditation decision however; it is an on-going commitment to continuous quality improvement.

Mr. Fred Surgeon, CEO, would like to thank all of the staff for their support and assistance throughout the CARF accreditation process. "The overall commitment of staff was fundamental in achieving our accreditation. I would like to give a big thanks to Hillary Rumppe, Director of Program Services, for all of her hard work. She worked many, many hours to ensure that we were in compliance with the CARF standards."

When asked about the accomplishment, Mrs. Rumppe stated that she couldn't be more pleased with the accreditation decision. "Through the CARF process, we were able to study ourselves and make improvements. Achieving national accreditation, providing quality services, and having a committed staff will establish our agencies as leaders in our services."

Welcome to Our New Employees



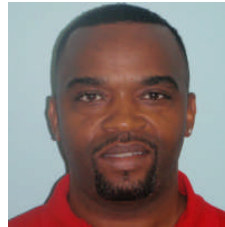
Gracehouse Treatment Center
Tammy Frew, Executive Director
Lyndoria Blanks, Residential Mentor
James Bates, Residential Mentor
Lateefah Scovil, Registered Nurse

Cornerstone Treatment Center
Sharon Shields, Residential Mentor
Shelbi Crowder, Registered Nurse
Teresa Campbell, Registered Nurse

Kimberly Patterson, Registered Nurse
Megan Knickerbocker, Registered Nurse
Carolyn Soloman, Registered Nurse

Hope Mills Office
Cinthia Funes, Accounting/Human Resources

Promotions Corner



Mr. Taylor



Ms. Poole

We are pleased to announce Mr. Calvin Taylor's recent promotion to Chief Operating Officer for Cornerstone Treatment Facility, Gracehouse Treatment Center and Hope Gardens Treatment Center

Mr. Taylor graduated from Alameda University in 2004 with a Bachelor of Arts degree in Human Arts. After many years of service with R.E.A.D., Inc., Mr. Taylor joined Cornerstone in March 2009 as the Program Director. Mr. Taylor was swiftly promoted to Executive Director, after demonstrating his leadership abilities. Mr. Taylor states that he "is looking forward to this new opportunity to help the company grow in professionalism and to continue to help provide quality services to our clients." Mr. Taylor feels that the key to our success will be teamwork.

Ms. Lashana Poole has also been promoted. She will be assuming the role of Executive Director of Cornerstone Treatment Facility. Ms. Poole joined our staff in April 2009 as Program Director.

Please join us in congratulating Mr. Taylor and Ms. Poole.

Hope Gardens Treatment Center Update

The construction of Hope Gardens Treatment Center is almost completed. Hope Gardens will be a 12 bed Psychiatric Residential Treatment Facility located in Raeford, NC. We expect to begin serving clients in late April.



Clients Earn Trip to Circus



We believe positive behaviors earn positive outcomes. To that end, several clients recently earned a trip to the circus. The clients that earned the trip had to demonstrate not only positive behaviors, but progress towards their individual goals. Congratulations on a well deserved trip for them. We also acknowledge Jarvis Carr, Corporate Compliance Officer, for arranging this wonderful reward.

How to Beat SAD during the Short Days and Cold Weather

Seasonal affective disorder, SAD, is a recurring condition, where symptoms appear during late fall or early winter and go away during the sunnier days of spring and summer. SAD may be caused by a lack of sunlight which can cause problems with a brain chemical called serotonin that affects mood. Bad attitudes may contribute to the disorder.

Approximately 25 million people are affected by SAD, between the ages of mid-teens to early 50s. Anyone can be affected, but it is more common in: people who live in areas where winter days are very short; people whose outdoor activities are significantly limited by colder weather; women more than men; and people who have a close relative with SAD.

Symptoms include: feeling of hopelessness, unexplained anxiety, low energy levels, withdrawal from social events, excessive need for sleep, loss of interest in activities once enjoyed, appetite changes, craving or weight gain, difficulty focusing and processing information.

Steps that can help prevent SAD are: increase exposure to bright indoor light, exercise, eating well, and being positive. To read this article entirely, go to www.generalmedicine.suite101.com.

Reference: Craft, Harvey. Depression, Winter Blues, and SAD. General Medicine. Retrieved February 22, 2010 from World Wide Web: http://www.generalmedicine.suite101.com/article.cfm/depression_winter_blues_and_sad

Referral

If you have a need for our service and would like to meet with us, please download our admission application from our website www.ncprtf.com and fax it to (910) 222-3299. You may also call (919) 522-0315 if you have any questions.

Mission Statement

Our mission is to provide high-quality compassionate behavioral health care to individuals by utilizing evidenced-based practices, and rendering exclusive therapeutic residential treatment services in a safe, caring environment leading to independence, and opportunities to grow and develop personal connections in a natural setting.